



# THE GRIFFIN GUARDIAN

February 2016

Issue 5 Volume 2

**DESIGN PRINCIPLE**  
Diversity and Inclusion - Our DIFFERENCES make us STRONGER

**GRIFFIN VALUE:**  
INTEGRITY-I can demonstrate honest and fairness by doing the right thing because it's the right thing to do.

A Publication of the WOIS Journalism Class

## WHAT'S NEWS?

**School:** Bald For Bucks Was A Huge Success, As We Raised Over \$4,000

**Local:** Gas Explosion Blows Roof Off House Outside Rochester, But No One Hurt

**State:** Governor Cuomo Is Under Fire, As Corruption In NY Lawmakers Begins To Be Noticed

**National:** In A Shocking Turn Of Events, Senator Ted Cruz Won The GOP Iowa Caucus, While Hillary Clinton Won With The Iowa Democrats.

## EVENTS/ANNOUNCEMENTS

ICE SKATING - FEBRUARY 13TH

BOWLING SECTIONALS FEB. 13TH-8:30AM

FEB BREAK 2/15-2/19-SEE LIST INSIDE FOR BREAK IDEAS



## Exhibition Night is About the Students

By Talia Comegys

On January 13th, 2016 the elementary school held their Exhibition Night to show off what they have been learning in class. As anyone who's been at our school knows, Exhibition Night is a very stressful time. The rush to get all work printed and decorated, the students who wait until the last minute to complete what should have been done a month ago, the frazzled nerves and lack of patience is only worse if you're a teacher.

The night starts out with a band concert by the elementary musicians, followed by elementary choirs. Like the high school band concert, the performance takes place in the Gym and is completely packed by

parents and students alike. Then comes the half hour long trudge out to see the exhibits. I got to interview two 5th graders, Sumiya and Patrick, about their thoughts on Exhibition Night. The first thing I asked was how they would describe Exhibition Night. "Loud, fun, and crowded!" was Sumiya's answer. Patrick said his favorite part of Exhibition night this year was when the intermediate choir got to sing their songs. When asked what the hardest part was, the answers ranged from telling their parents what they did to finding a way to concentrate with all the noise around. If you have been at our school for a while, you have probably had to live through an Exhibition Night. (Continued, Page 6)

## Bald for Bucks

On Wednesday February 3rd, there was a special meeting with the entire K-12 school in the gym. It was for the Bald for Bucks fundraiser that the 8th graders have been working hard to do. They had many participants who shaved their heads in support of people with cancer. Some didn't completely shave their heads, like Ms. Graves and Ms. Cohen who only cut off about 8 inches each. Their hair will still be used to help others who need wigs.

Of the first 5 who went up, Mr. Burgmaster was the first one finished. Mrs. Robertson went up with hair going down her back and left with almost no hair at all, her bangs were the longest pieces of hair she had left. Halfway through the event, Jordan Broomfield surprised everyone by deciding to cut her hair on the spot. Her courage in fact, convinced an anonymous person to donate \$50 to the already \$4,000+ dollars the 8th graders had already collected.

Hopefully this event will be able to continue in the future. If this becomes a yearly event, it will be possible to raise even more money and have more participants who wish to cut their hair for cancer.

## WOIS 8th Grader Makes History



by Ian Connolly

On January 6th, 8th grader Michael Ross achieved a milestone that no other Griffin has ever come close to. He bowled a perfect game, 300 points, with a strike in each frame. Not only was this a big deal, Micheal also led WOIS to victory against the undefeated McQuaid team. A perfect game in the Rochester City-Catholic League has only been accomplished twice before in the last 20 years and Michael is by far the youngest to do so. Ross is currently averaged at ninth in all of City Catholic at 178, but is ranked second out of all of the RCSD schools. I asked Michael some questions shortly before a league match on February 2nd.

**Q:** How does it feel to have a 300 game?

**A:** "It feels great to finally have one because my brother has three of them and I look up to him when it comes to bowling."

**Q:** How nervous were you on your final shot?

**A:** "I was so nervous but I was so focused on getting the final strike that I didn't really feel anything but after the last shot I couldn't stop shaking."

**Q:** Are you excited for sectionals?

**A:** "Yeah, hopefully it'll go better than last year now that we all have experienced what sectionals is like."

Sectionals for the boys varsity bowling team will take place on Saturday February 13th at AMF Gates Lanes. Doors



**Sport:** Cheerleading

**MVP:** Iyanna Davis

**Seniors:** Miah Alexander, Amari Foster, and Amani Foster

**Memorable Moment:** Team sleepover when the coaches were impersonating the team and the team was impersonating them

Coaches.

We are so proud that the girls were able to compete for the very first time in history! They made a name for themselves and were able to stick together and stay strong for the whole

# GRIFFIN SPORTS



**JV Basketball**

**Coach:** Andrew Fox

**Stats:** Team is 11-3 as of right as of 1/28

**Notable wins vs.** Early College, North Star, SOTA and Greece Odyssey.

**MVP:** Jahmir Douglas

**Most Improved:** Travonte Albert-Hanks

**Griffin TEAM Award:** Tahir Gano and Tyrese Walker

**Memorable Moment:** Beating Greece Odyssey with 12 seconds left in the first game



**Varsity Boys' Volleyball**

**Coach:** Ms. Chiesi

**Seniors:** Isaiah Shepard, Thomas Le

**Record:** 9 Wins, 10 Losses

**Memorable moments :**

- ▶ Won 6 matches in a row to secure our first ever home volleyball sectional match
- ▶ JaColby Chapman stellar serving performance of 18 points in a row in a match



**\*Every champion was once a contender that refused to give up ~ Rocky Balboa.**



By Miguel Lopez

America is not a country with a sparkling past. It's history is blanketed in racism, bigotry, and genocide. Attempts to rid historic forms of racism has been sadly stifled.

Recently, the carousel at Ontario Beach was under fire for the racist image it presents. Specifically, two African American children are depicted in stereotypical fashion. The carousel's image, which is over 110 years old, has gone largely unnoticed, until Blogger Andrea Raethka wrote a post about the obvious racism it depicts.

In similar fashion, last year, the Confederate flag flying over South Carolina's capitol building was taken down after many agreed it stood for racism and oppression. This was an historic achievement, because the best way to look to the future is to rid ourselves of reminders of our racist past. As for the Charlotte carousel, while many are for changing the painting, others came to the defense of it. Ken Latragna, a resident of Irondequoit, said "I don't think it was meant to be offensive. Hopefully they don't try to change anything. What's done is done. We can't change it. Why can't we move forward?" Look, just because some are naive enough to think that our community can move forward and still exhibit racist images, we can't. How are we going to move forward if these things still exist? It's mind numbing the short-sightedness of citizens in such a "progressive" time period. How can depicting a race in such a stereotypical fashion not be offensive? How can anyone be that blind? And, given the fact that this painting was created in a period of segregation and oppression, it's very much unlikely that the creators of this crude painting were not trying to offend blacks.

It seems racism, no matter how blunt, no matter how obvious, will always have its advocates.

## One More Step to Success :2016 Senior Capstone Projects

Compiled by Jasmyn Fields and Kierra Burgess



- **Miah Alexander-** Does looking good truly make a person feel good about themselves?
- **Xavier Anderson-** How does movies affect society?
- **Dynell Babers-White-** What makes one to be mechanically engineered without any knowledge?
- **Mark Belknap-** How can you adjust to high school?
- **Michael Bell-** Why is biomedical engineering important?
- **Jacob Boggs-** How are vehicles made?
- **Alex Brunelle-** Is the food we eat good for us?
- **Kierra Burgess-** How are you different from anyone else?
- **Gloria Colon-** What are the steps to running a successful business?
- **Talia Comegys-** What do high schoolers need to know before they leave high school?
- **Ian Connolly-** How do I practice playing the marimba if I can't actually afford one?
- **James Conover-Jackson-** How does story make or break a video game?
- **Sherell Davidson-** How can I give back to my community?
- **Lloyd Davis-** How was the guitar brought people together over time?
- **Brandon Diegel-** What exactly is rebuilding something to a professional standard?
- **Jasmyn Fields-** What makes you different from anybody else?
- **Amani Foster-** Does helping others increase happiness?
- **Amari Foster-** How does helping someone else contribute to your everyday happiness?
- **Taj Freeman-** How does talent impact a person's daily life?
- **Tyauje Fulmore-** What makes a good police officer?
- **Bryttney Graham-** How can Blind/Limited vision photography change society's view of individuals that are visually impaired?
- **Evamiguel Guierrez-** How to create a model anime character out of art materials?
- **Chyna Heme-** How can photography change issues in community?
- **Tyler Henry-** What are some things you can give a homeless person that people might not think to give?
- **Cameron Johns-** Would people in my age bracket be interested in a contest talking about adolescence?
- **Kiveta Johnson-** How does food define culture?
- **Thomas Le-** Is the food we eat good for us?
- **Josiah Logan-** Does a person's environment effect their style?
- **Alex Lopez-** Can I make the world of sneakers easier to understand?
- **Karrington Major-** Why do certain races act the way they do?
- **Samia McCree-** What is the purpose of modeling?
- **Charlease McGill-** How can we make aircrafts safer?
- **Marai Miller-** How has the sport of track and field changed history?
- **Matthew Molis-** How can we reduce or end rape?
- **Cameron Osbourne-** What makes people do the things they do?
- **Patrice Patterson-** What is good hair?
- **Raymond Phillips-** Imagine this is the end of your life... What would you like to have said to the world?
- **Chynna Pringle-** How is your black beautiful ?
- **Anelis Quinones-** What is Life?
- **Joceline Ramos-** What is time?

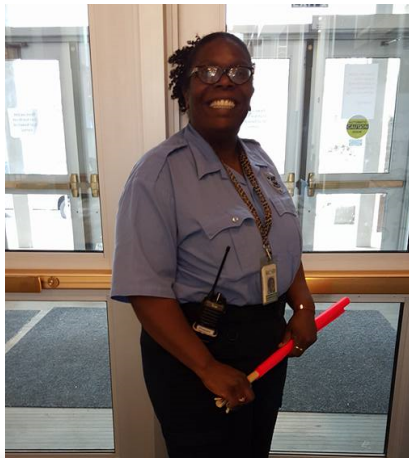
(Capstone, Continued page 8)

## EXHIBITION NIGHT (CONT.)

If you have been here for many years, you might not even remember the real reason for Exhibition Night anymore. In a nutshell, Exhibition Night is about the students, it is for them to show off their work and it's their moment to be proud of what they have done. Families are able to come and see what their children have done and community members can come and see what our school does. It is meant to bring the community together and keep it connected.

The other side of Exhibition Night however, is the preparation. Ms. Sookram, a 1st/2nd grade teacher on the elementary side played a huge role in getting exhibition night set up and ready for the mass of parents and students that wanted to come see the work.

Her highlight from Exhibition Night was infact "The huge turnout on a freezing cold night," since this Exhibition Night was one of the largest turnouts in a while. "It went smoothly" she told me, "It was one of the better Exhibition Nights." Ms. Sookram also mentioned that the EL team and custodian team did an amazing job setting up and taking down Exhibition Night and she hopes that this cooperation will continue into the next Exhibition Nights as well.



## TOP 5 FITNESS TIPS

By: Zachary Scott

### Exercise your whole body

By exercising just one part of your body isn't always the best health situation. Your body needs to be balanced and that goes for both girls and boys.

### WARM UP

If you don't You Allow your body to get loose your only hurting yourself and by stretching and by doing warm ups, your body can do so much more and react faster and more precisely.

### EAT HEALTHY

Your diet should always consist on whole foods. Watch out for Sugar and and sodium. Your body needs both of substances to live but too much doesn't do any justice to your body. Also have your body regularly to receiving nutrients

### LIVE HEALTHY

Stay away from people that will be a detriment to your health. Stay away from drugs both supplement and illegal.

### KNOW LIMITATIONS

Don't be that show off, that with friends or girls around, bites off more than they can chew. In fact ,by doing more than your limits, you're just hurting your own muscles and ligaments.



# Summer Applications Available Online February 22, 2016

[www.summeryouthemployment.org](http://www.summeryouthemployment.org)

**DEADLINE TO APPLY  
Friday March 19, 2016**

### **WHO IS ELIGIBLE?**

**High School Students Ages 14-20**

### **Days & Times**

**Summer documents can be submitted  
ONLY on the following days & times  
listed below at:**

**Recreation Administration Office  
400 Dewey Avenue  
Rochester, NY 14613 (Behind Jefferson  
High School)**

**February 22nd – March 18th  
Monday, Tuesday, Thursday  
& Friday  
2 pm – 6 pm**

**Saturdays:  
March 5th and March 19th  
9 am – 12 pm**

**March 21st - March 24th  
Monday, Tuesday & Thursday  
2 pm – 7 pm**

**Documents will not be collected on  
Wednesdays.**

**Deadline to Submit  
Supportive Documentation  
March 24, 2016 @ 7pm**

## Teacher Spotlight- Mr. Fedele

by Bryttney Graham

Mr Brian Fedele is a 42 year old Physical Education teacher here at WOIS. He also coaches the bowling and golf teams. He is married and has two children, an eighth grade son, Luc and a sixth grade daughter, Livia. He is originally from Gates, but currently lives in Spencerport since that is where his wife is from. His wife also substitutes here at the building.

B: Why did you want to be a teacher?

F: My inspiration to be a PE teacher was his senior high PE teacher, Mr. Briggs at Gate-Chili High School. I thought Mr. Briggs had a good job plus he was able to coach which is something I likes to do. It was also a way to make some money have some time off but the more I looked into it and going to school for it and actually doing it I realized enjoyed it.

B: Why did you choose this particular subject /grade?

F: Being a PE teacher was more natural to me than my other interest which is art. I admit that although I really like art I am not overly artistic.

B: Where did you go to school?

F: I started his higher education at Monroe Community College part time because he was working. After taking a few classes there I then transferred to SUNY Brockport. At Brockport I earned my Physical Education degree and minored in Sports Management. My minor was more business classes so that if I wanted to work with a professional Sports team I would know what I was doing. I earned my Teacher Certification and Master's from Brockport. I also hold an Administration Certification from Massachusetts College Leadership Academy, which allows me to be become or sub in an administrator's position.

B: Did you ever think about doing something other than teaching?

F: I decided that I liked teaching and got hired plus I like being a teacher. To fill in some of the free time that I have and to make extra money, I had two side businesses. The first one was a

T-shirt company that I co-owned with a friend. So if you wanted to order customized gear, we do screenprinting on T-shirts and sweatshirts. For the second business I used to take High School kids to Europe to do sports. This business lasted for about five years but became very expensive to continue. It was a lot of fun because I was able to travel to Europe and make a little bit of money as well.

B: What is your favorite vacation spot?

F: I like North Carolina. We have family down there in Charlotte, so we usually go down to visit. Actually I like the Carolinas. Charlotte is really beautiful and we have family to stay with down there that know where we can go and take us to places to have fun. I also like Myrtle Beach because it's fun to go to the beach and just sit in the sand and play in the water. Having active kids in sports means we travel a lot and also Boston is a real fun city as that we've gone to.

B: What book are you reading now?

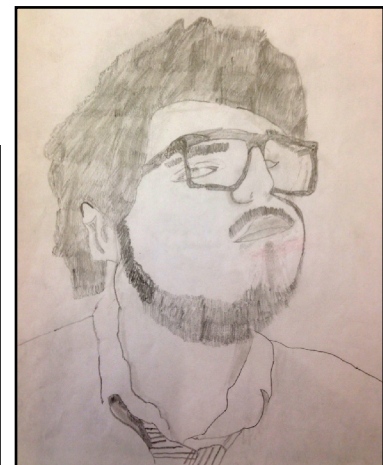
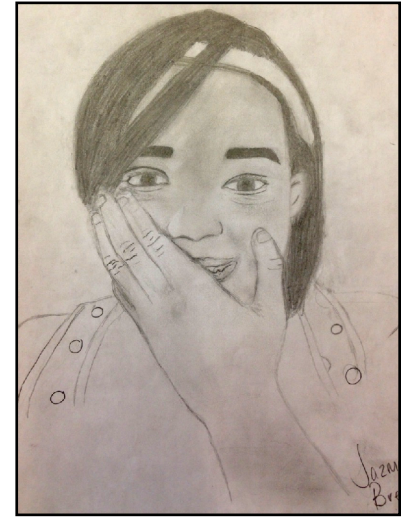
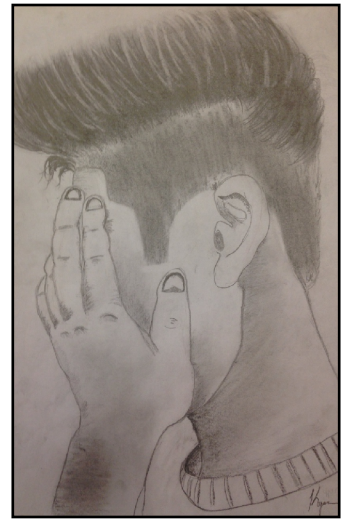
F: I'm not reading any books currently, but I do like the Harry Potter series. I also like John Grisham, who is an author whose books are exciting and the plot has a lot of twist and turns.

B: What is the most important advice you can give your students?

F: To take advantage of the opportunity that they have. They are getting a first class education here and it's free. So from everything that they get to experience they need to really take advantage of it. When you start talking to the previous Seniors who have graduated, they are the first ones to tell you that its a real great place. We have a lot more activities than in previous years.

B: Why do you think it's important to follow the Griffin Values?

F: Because what we're trying to do is prepare people for real life. The Griffin Values are things that you will need when you have a job, when you have a family and when you are trying to make your way in the world. Here at school there are always teachers helping you and encouraging you, but in the real world it doesn't always happen that way. You may not have a boss that's understanding when you forget to do something or are late and then you get fired. So, we're just trying to make sure we producing good, quality citizens



## GRIFFIN GOTCHA!



## COLLEGE PROFILE: ROCHESTER INSTITUTE OF TECHNOLOGY

By Rahmell Major

RIT has a very diverse student body. There really are no typical RIT students in terms of background, beliefs, or interests. However, doesn't mean that RIT is right for everybody. The most successful RIT students have a positive attitude towards learning, the desire to get involved in campus life, and a significant interest in developing professional potential. It helps if during high school students have prepared for college as well.

### **International campuses:**

American University of Kosovo

RIT Croatia

RIT Dubai

On campus job categories:

Academic

Athletic

Clerical

Community service

Computer/ technical

Food service

Maintenance

### **Colleges inside R.I.T.:**

Saunders College of Business

B. Thomas Golisano College of Computing and Information Sciences

Kate Gleason College of Engineering

College of Health Science and Technology

College of Imaging Arts and Science

College of Liberal Arts

National Technical Institute for the Deaf

College of Science

### **Location:**

1 Lomb Memorial Dr., Rochester, NY 14623

### **Men's Sports:**

Hockey, basketball, crew, cross country, lacrosse, soccer, tennis, track & field, swimming & diving and wrestling

**Women's sports:** Basketball, softball, cheerleading, hockey, crew, cross country, soccer, volleyball, track & field, lacrosse, tennis, swimming & diving

### **Admission Requirements:**

GPA must be at least 3.7

Must take SAT or ACT (SAT score of at least 1790, ACT score of at least 28)

Essay or personal statement required for freshmen

1 recommendation letter

Portfolio of original artwork for applicants to the School of Art, Design and Crafts recommended for some freshmen

4 years of English , 3 years math , 2 years of science , 3 years of social studies , 4 electives

### **Scholarships:**

RIT Innovation & Creativity Award Scholarships

RIT National Co-op Scholarships

RIT hillside scholarship

RIT Achievement Scholarships for Business, Liberal Arts, and Hospitality Management

**Tuition:** \$33,932

**Books & supplies:** \$1,050

**On campus room and board:** \$11,178

**WOIS graduates attending RIT:** Unique Fair-Smith and Erica Tryon

## FASHION TRENDS

By Sharquan Rosier

### **What's in right now?**

You've probably seen a few of these casual male hoodies around and I can say they are **HOTT!!!** You can find these hoodies at any mall, in every trending fashion store. Old Navy's hoodies and bubble coats are in style. Casual fashion is in style right now, plain and basic is where it's at.



### **What's NOT hot anymore?**

Bell bottoms and Nascar jackets are not in anymore. Please do not wear these.



## MESSAGE FROM RECYCLING CREW

The recycling crew would like to tell you that you can now put any recyclables that you would normally use at home into the school recycling bins. These items include: Paper, Cardboard, Soda bottles, Cans, and Plastics that have been cleaned

Garbage is still not accepted and we ask you do not put it in the bins. It makes our job harder and can ruin the entire batch of recycling if we miss it.

Thank you,

The Recycling Crew

# City of Rochester Black History Month 2016 Event Schedule

## City Hall Gospel Hour(s)

City Hall Atrium, 30 Church St.  
Celebrating Gospel music as an important tradition of Black Heritage. Local choirs will perform.

12:30 to 1:30 p.m., Wednesday, February 3,  
Omega Psi Phi Fraternity Omega Select Chorus and The Bronze Collective - An African-American Theatrical Group  
5:30 to 6:30 p.m., Tuesday, February 9, MLK Commission Gospel Ensemble  
12:30 to 1:30 p.m., Wednesday, February 24, School of the Arts Gospel Choir & Jazz Band

## An Evening of Art & Jazz

A reception for the Black History Month art exhibit in the City Hall Link Gallery, which will be on display from Feb. 1 through March 14. Hosted by David Haygood, Jr., and featuring youth and adult artists.

5:30 to 7 p.m., Thursday, February 4  
City Hall Link Gallery and Atrium, 30 Church St.

## Black Heritage Story Telling and Book Reading

Noon to 1:30 p.m., Wednesday, February 17  
David F. Gantt R-Center, 700 North St.

## Food Tasting Event

In partnership with STAR, Inc. (Sisters Together Achieving Results)

5:30 to 7 p.m., Friday, February 26  
City Hall Atrium, 30 Church St.

## Heritage Gospel Concert

Featuring Akoma and Voices of Thunder's annual joint gospel songfest to support scholarships for graduating high school seniors.

6 to 8 p.m., Sunday, February 27  
First Genesis Baptist Church, 292 Hudson Ave.

## Black Male Achievement Conference

Conference will feature speakers and workshops dedicated to increasing black male achievement.

10 a.m. to 2 p.m., Saturday, March 5  
Rochester Educational Opportunity Center (REOC), 161 Chestnut Street

Tickets: \$15 per person (purchase at City Hall, 30 Church St., room 100A).

## Youth Junior Gala

6 to 8:30 p.m., Friday, March 11  
Edgerton R-Center  
Stardust Ballroom, 41 Backus Street  
FREE - Preregistration required at any R-Center by Feb. 4th.

## Dear GRIFFIN...

I don't have a date for Valentine's day and don't know how to find one, any advice? - Lonely

Dear Lonely,

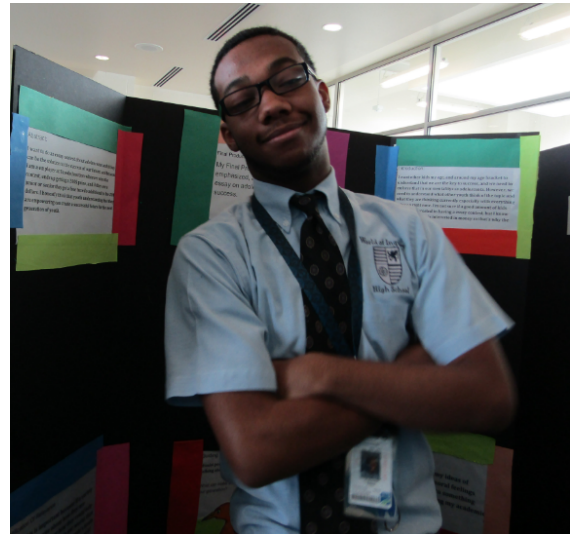
Well before I actually give you any advice, you don't need a date for Valentine's day if that's all you're looking for. If you have a person in mind and want to use Valentine's day to show your interest in them that's different and I can help you with that.

First, you should find something that they like to eat or drink (it's the easiest thing to buy) or something else that they like if you want. Next, make a cute note saying you like them and ask if they want to be your Valentine. Put the note on whatever you decided to give them and wait until you see them again. When you see them, you can do a few things. If you're shy you can put the gift on their desk when they aren't looking (make sure your name is on the note) and wait until they read it and give you their answer. If you're more confident you can hand it to them in person, this will generally go better because you can show your interest better this way. Now comes the scary part, how they answer.

If they say yes then great, set up a date and have an awesome time on it. If they say no, don't get mad since there was no guarantee they were going to say yes. You can calmly ask why they said no but they don't have to answer if they don't want to. No is no and you have to accept that. You can't force someone to be your Valentine just because you want them to be.

So, good luck on getting a date but don't despair if they aren't interested. There are other times you can get a date.

Cupid



## CAPSTONE (Continued from page 3)

- Bryan Roche- How does drugs affect the body/brain, but wouldn't know how to execute this?
- Sharquan Rosier- Is engineering fun?
- Kevin Ruff- How do you become an actor?
- Karina Saez- Can art change a school community?
- Zachary Scott- How does music affect the community?
- Isaiah Shepard- When people listen to the music do they actually listen to the music and the beat?
- LaRonya Stamps- What does it take to be a nurse practitioner.
- Hassan Wade-
- Eternity Walton- What can an RN do?
- Lavon Ward- How can songs affect a person's mood.
- Shakira Wiggins- How does having a family member with Dementia or Alzheimer's affects families?
- Jada Williams - A Talent Show
- Shameeq Willis- How does somebody make it in the music industry?
- Jasmine York- Making lipstick out of crayons

# You were CAUGHT showing a GRIFFIN VALUE

Why are Griffin Values important?

By Cameron Osbourne

TENACITY	INTEGRITY	INQUIRY	SELF DISCIPLINE	COMPASSION
Erich Nisihimirimana Neilla O'Mealley Chloe Henton Jylani Green Malik Maynard Thomas Le Malik Smith Judy Lenning Taliyah Morales Karina Saez Gabriel Sekula Berlice Kagde-Motoale Michael Ross Nazaria Artis Deyonna Harris Devon Nicholson Jacolby Terrell	Judith Lenning Tina Jones Aiden Delahanty Mariah Webster-Beaty Amani Foster Xavier Anderson Luis Lopez Ikram Megal Maya Waller Jarrell Green Noah Teague Arabella Ashford KoyDel Nicholson Eva Guiteriez Jasmine Breeedy Katiushka Velazquez Asia Wiggins Tyrese Johnson Sanaa James	Aymari Cummings Rebecca Fisher Tarrell Reilford Courtney Jones Labronze Mays Octavia McKnight Daniel Fluellen Janiya Knight Aidan Delahanty Andros Nunez Joey Schmidt Jevon Beverly Hussien Abdulrahman Marcel Smith Jules Wagner Rubychelle Perez Jadale Thornton Chauncey Mosley PJ Davis	Patience Worley Maya Waller Xavier Anderson Eman Muthana Brandon Diegel PJ Davis Anthony Lynch Jared Rodriguez Ronald Wilcox Kearie Edwards Mariah Webster-Beaty Julian Santiago Octavia McKnight Lisa Brown Samara King Devon Nicholson Deshawna Floyd Aamarice Jones	Manuel Gonzalez Samuel Cruz Kaleb Parker Traevon Alexander Cianna Simmons Nayeli Soto Shakira Wiggins Kassim Osgood Anelis Quinhones Marcus Webster-Hubbard Jacolby Terrell Joe Mohamed Krystal Saez Aidan Delahanty Alphonso Joe Imani Wilson Amon Figueroa

Every educational system has regulations and traditional rules that have to be followed that allows the school to flow at a consistent work rate. World of Inquiry has Griffin Values that students live up to that will help them achieve academic success and improve character. These Griffin Values are Tenacity, Integrity, Compassion, Self-Discipline, Inquiry. Tenacity is the student's ability to obtain new information that contributes to their learning. Integrity shows the student's character and if they can be honest, fair and if they're trustworthy. Compassion is how a student takes into consideration other's feelings and their own. Self-Discipline is the student's responsibility of their actions, attitudes, and academics. This is very essential to student athletes. Inquiry is the student's ability to use their critical thinking skills and ask questions to discover new information that can be used in the future. These values help students gain character and learn new things about themselves that can be very helpful for their future.

Thank you to Jules Wagner for putting together this list. Winners announced soon!

## A place to call our own

by Saryear Chatman-Flagler and Jada Williams

As students of the Rochester area, we don't have many outlets that allow us to come together in an environment that we can call ours. A place that we can go to after school, and be able to participate in various activities, will benefit the students of World of Inquiry. Currently there are several vacant buildings that are within walking distance from our school building. We have seen these buildings plenty of times during fire drills. What better way to use one of them, than to have at least one as a recreation center for after school activities.

### How would this benefit our community?

Recreation Centers help to instill a stronger and healthier environment and community. Adults and Youth of all ages and interests can benefit from Recreation Centers. Having a school recreation center will serve as an affordable place for people to have meetings, exercise, have small events, and bond with peers and other people around them. The need for recreation is an essential element of human mental and physical health. Recreational activities are often done for enjoyment, amusement, or pleasure and are considered to not only be fun, but also an important part of building a strong community.

### Staying Healthy

Recreation is important to the quality of life and communities. It has been long associated with benefits to health such as heart disease, diabetes and bowel cancer. It also helps decrease overweight and obesity numbers with regular physical activity among people and communities. Recreational sports have been reported as changing lives. The activities create positive outcomes such as confidence, self-respect, self-esteem, trust, self reliance and leadership abilities.

The Recreation Center will provide high-level care, Entertainment and education purposes in the following categories:

- Play Care
- Effective & fun way of tutoring
- Educational play with learning
- Youth activities
- Small celebrations and events
- Staffing which will also provide job opportunities for students
- An opportunity for students to get community service hours
- Convenient hours of operation

